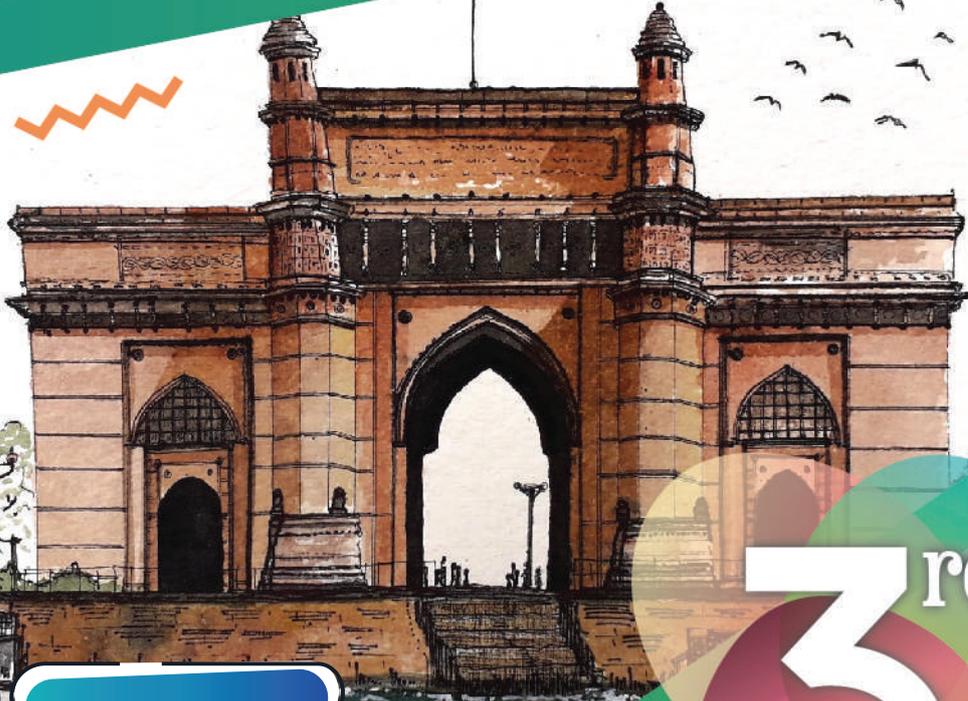




IMPA
INTERNATIONAL
METABOLIC PHYSICIANS
ASSOCIATION



3rd IMPA CONCLAVE

7th | MAR | 8th
SAT | 2026 | SUN

The Lalit Majestic Ballroom, Mumbai

APPROVED FOR
4 MMC
POINTS



Dr. Vimal Pahuja
Organising Chairman



Dr. Ketan Pakhale
Organising Secretary



Dr. Nitin Patankar
Program chairman



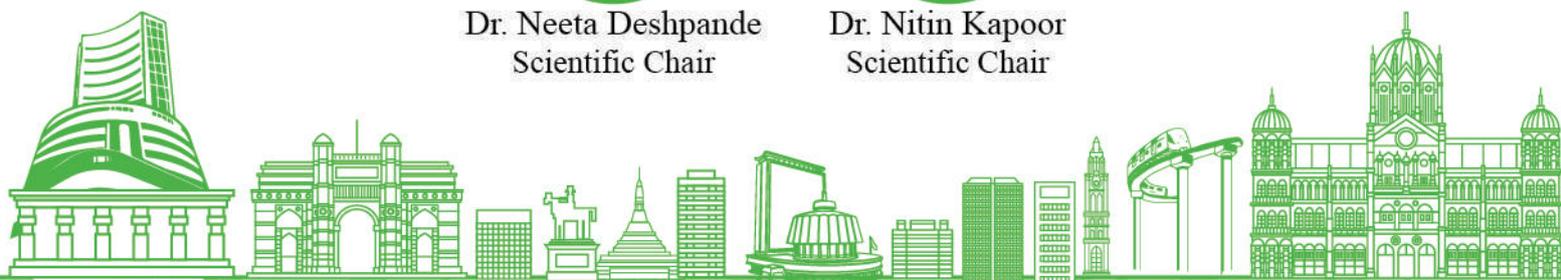
Dr. Rajesh Patil
Program chairman

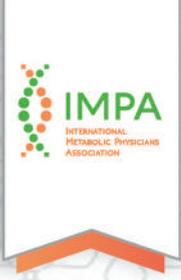


Dr. Neeta Deshpande
Scientific Chair



Dr. Nitin Kapoor
Scientific Chair





3rd IMPA CONCLAVE

7th SAT | MAR 2026 | 8th SUN

The Lalit Majestic Ballroom, Mumbai

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(International Metabolic Physicians Association for the Study of Obesity)



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Dr. Rajan Shelatkar
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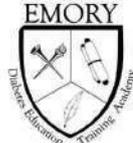
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Dr. Vivek Mahajan
Dr. Yash Lokhandwala
Dr. Yogita Pendurkar
Dt Ankita Ghag
Dt Nidhi Joshi





3rd IMPA CONCLAVE
07th MAR 2026 08th
The Lalit Majestic Ballroom, Mumbai



**Together with our
Academic Partners,
we strive for excellence.**



**10:00 am
10:50 am**
**Metabolic Turbulence -
Adoloscence**
Chairpersons
Dr. Sundar Krishnan / Dr. Sneha Nikte

Time	Topic	Speakers
10:00 am - 10:15 am	Adoloscant Obesity - Recent updates	Dr. Rachana Keswani
10:15 am - 10:30 am	MASLD in Adoloscant age group	Dr. Purvi Chawla
10:30 am - 10:50 am	Panel discussion - Adoloscant metabolic syndrome	Dr Rachana Keswani Dr Purvi Chawla Dr Nitin Patankar Dr Ketan Pakhale

**10:50 am
11:50 am**
**Insulin and
GLP1 Synergy Sessions**
Chairpersons
Dr. Nivedita Maulick, Dr. Satish Vaidya

Time	Topic	Speakers
11:00 am - 11:15 am	Afrezza Clearing the air around inhaled insulin	Dr. Altamash Shaikh
11:15 am - 11:30 am	Optimizing basal insulin therapy with insulin glargine	Dr. Vimal Pahuja
11:30 am - 11:45 am	Advancing T2DM care with Fixed Ratio Combination Therapy	Dr. Manoj Chawla
11:45 am - 11:50 pm	Discussin Q & A	All Faculty



**11:50 am
12:50 pm**

Semaglutide in PwD

**Chairpersons
Dr. Ketan Pakhale, Dr. Lotika**

Time	Topic	Speakers
11:50 am - 12:05 pm	The Diabesity Battle: Why Semaglutide 1mg is the right choice in routine Care	Dr. Manoj Chawla
12:05 pm - 12:20 pm	Sugars, Scales, Organs and Lives: Ensuring Holistics Diabetes Care with Semaglutide 1mg	Dr. Banshi Saboo
12:20 pm - 12:35 pm	Semaglutide 1mg Practicalities: A ready Reckoner for every Indian Clinician	Dr. Pratit Samdani
12:35 pm - 12:50 pm	Discussion	All Faculty

**1:00 pm
1:30 pm**

Keynote 1

**Chairpersons
Dr. Nitin Patankar / Dr. Vimal Pahuja
Dr. Neeta Deshpande**

Time	Topic	Speaker
1:00pm - 1:30 pm	Diabetes remission and weight loss , how much and how long	Dr. Anuj Maheshwari

1:30 pm 2:30 pm - Lunch



**2:30 pm
3:30 pm**

Troll the trials

**Chairperson
Dr. Ketan Mehta**

Time	Topic	Speakers
2:30 pm - 2:45 pm	SELECT Trials	Dr Vijay Negalur
2:45 pm - 3:00 pm	SUSTAIN 6	Dr Sanjeev Shah
3:00 pm - 3:15 pm	SURMOUNT	Dr. Mangesh Tiwaskar
3:15 pm - 3:30 pm	Expert Comments - Q &A	Dr. Ketan Mehta

**3:30 pm
4:15 pm**

Nuances of Obesity care

**Chairpersons
Dr. Mahendra Patel / Dr. Vinod Methil
Dr. Shradha Doshi**

Time	Topic	Speakers
3:30 pm - 3:45 pm	Assessment of Obesity in busy physician's practice	Dr. Dhruvi Hasnani
3:45 pm - 4:00 pm	Practical & Real world use of GLP-1 Analogue	Dr. Shefali Karkhanis
4:00 pm - 4:15 pm	Therapeutic inertia in Obesity care	Dr. Vipul Chawda

4:15 pm - 4:20 pm - Break

**4:20 pm
4:45 pm**

Keynote 2

**Chairpersons
Dr. Neeta Deshpande / Dr. Sanjay Godbole**

Time	Topic	Speaker
4:20 pm - 4:45 pm	Multispecialist's view towards obesity & metabolic medicine	Dr. Shashank Joshi

**7th March
2026**

Kreb's Hall

4:45 pm - 5:25 pm - Inauguration

**5:45 pm
7:00 pm**

Diabetes Symposium

**Chairpersons
Dr. Ketan Pakhale / Dr. Vimal Pahuja
Dr. Amit Bhondve**

Time	Topic	Speakers
5:45 pm - 6:05 pm	Diabetes and Hypertension - The Sinful Duo	Dr. Sanjay Agarwal
6:05 pm - 6:20 pm	Optimising T2DM management with novel synergistic combination of basal Insulin and GLP-1 RA	Dr. Asim Maldar
6:20 pm - 6:35 pm	The Evidence Continuum for second Generation Basal Insulin	Dr. Piya Balani
6:35 pm - 6:50 pm	Targeting PPG early spikes across the 4 hours post meal state	Dr. Vimal Pahuja
6:50 pm - 7:00 pm	Q & A	All Faculty

7:30 pm - Gala Dinner



**10:00 am
10:45 am**

Panel on Diet Controversies

**Chairperson
Mrs. Ankita Ghag Mashal**

Time	Topic	Speakers
10:00 am - 10:15 am	Weight Loss vs Metabolic Health — Are We Measuring the Wrong Outcomes?	Dr. Prashant Salvi
10:15 am - 10:45 am	Controversies of Diet (Ms. Aranta Matondkar, Ms. Mrinali Diwedi, Ms. Munazzah Qazi, Mrs. Padmaja Joshi)	Panel

**10:45 am
11:45 am**

Guest Lectures

**Chairpersons
Dr. Sanjay Godbole / Dr Rajesh Patil**

Time	Topic	Speakers
10:45 am - 11:00 am	Sarcopenia obesity and spine outcomes	Dr Kshitij Chaudhary
11:00 am- 11:15 am	Sarcopenia obesity and joint replacement	Dr. Ashish Phadnis
11:15 am - 11:30 am	Use of AI bots in clinical research	Dr. Alok Modi
11:30 am - 11:45am	Nurological Manifestations of Metabolic Disorders	Dr. Anirudhha More

**11:45 pm
12:45 pm**

**Cardio Kidney Metabolic
Symposium**

**Chairpersons
Dr. Suresh Purohit / Dr. Rajan Shelatkar**

Time	Topic	Speakers
11:45 am - 12:00 pm	Management of lean NASH	Dr. Parijat Gupte
12:00 pm - 12:15 pm	Redefine CKD Care - Manage Hyperkalaemia, Enable GDMT	Dr. Rajesh Kumar
12:15 pm - 12:30 pm	CaReMeLO conundrum : Approach & Management	Dr Rutul Goklani
12:30 pm - 12:45 pm	Discussion	All faculty

**1:00 pm
1:30 pm**

Keynote 1

Kreb's Hall - Dr. Anuj Maheshwari

1:30 pm - 2:30 pm - Lunch

**2:30 pm
3:30 pm**

**Breaking Barriers in Obesity
Care with Tirzepatide**

**Chairpersons
Dr. Banshi Saboo**

Time	Topic	Speakers
2 :30 pm - 2:35 pm	Context	Dr. Banshi Saboo
2 :35 pm - 2:50 pm	The rise of GIP from Biology to Medicine	Dr. Swati Tayal Goray
2:50 pm - 3:05 pm	From Trials to Treatment: Integrating Tirzepatide into Clinical Practice	Dr. Rajiv Kovil
3:05 pm - 3:20 pm	Redefining Obesity Care with Tirzepatide	Dr. Vijay Negalur
3:20 pm - 3:30 pm	Panel Discussion and Q&A	All Faculty

**3:30 pm
4:15 pm**

Heart stories

**Chairpersons
Dr. Ankit Mehta / Dr. Rushabh Parikh
Dr. Ketan Pakhale**

Time	Topic	Speakers
3:30 pm - 3:45 pm	Optimising Patient care in worsening heart failure: Exploring evidence with Vericiguat	Dr. Brijesh Kunwar
3:45 pm - 4:00 pm	Finerenone a revolutionary treatment option for HF with LVEF >40%	Dr. Vivek Mahajan
4:00 pm - 4:15 pm	Metabolic diseases and arrhythmias	Dr. Yash Lokhandwala

4:15 pm - 4:20 pm - Break

**4:20 pm
4:45 pm**

Keynote 2

Kreb's Hall

4:45 pm - 5:25 pm - Inauguration

**5:45 pm
6:15 pm**

Mixed Bag

**Chairpersons
Dr. Balbir Singh / Dr. Pinkesh Rajput**

Time	Topic	Speakers
5:45 pm - 6:00 pm	Other Side of AI	Dr. Rajesh Patil
6:00 pm - 6:15 pm	Financial Quotient amongst Doctors	Dr. Ajit Joshi

**6:15 pm
7:00 pm**

Industry Symposium

**Chairpersons
Dr. Rajesh Patil / Dr. Sanjay Godbole**

Time	Topic	Speakers
6:15 pm - 6:30 pm	Sulfonylureas still Matter : The Backbone of Glycaemic control in Todays CRM centric approach	Dr. Dharmen Punater
6:30 pm - 6:45 pm	Pioglitazone reimagedin :Addressing insulin resistance with added organ protection	Dr. Dakshta Padhye
6:45 pm - 7:00 pm	The Smart Triple Therapy : Metformin +SGLT2 +DPP4 in Modern care	Dr. Suresh Sawardekar

7:30 pm - Gala Dinner

**8th March
2026**

Kreb's Hall



**10:00 am
11:15 am**

Women's day Special

**Chairpersons
Dr. Smita Patil / Dr. Yogita Pendurkar
Dr. Ruta Deshmukh**

Time	Topic	Speakers
10:00 am - 10:15 am	PCOS - Metabolic or Gynecological disorder	Dr. Swati Tayal Gorey
10:15 am - 10:30 am	Post partum weight retention - Metabolic consequences	Dr. Shubhashree Patil
10:30 am - 10:45 am	Menopause -Final metabolic blow on women's health	Dr. Anita Soni
10:45 am - 11:15 am	Panel discussion (Fogsi) - Metabolic conundrum & Women's Health	Dr. Rohan Palshetkar Chairperson: Dr. Ritu Hinduja Dr. Sargam Soni

**11:15 am
12:15 pm**

**Title: SURPASSing Expectations:
Early Management and Dual
Agonism in Indian Diabetes Care**

**Chairperson
Dr. Charushila Dhole**

Time	Topic	Speakers
11:15am - 11:20 am	Context setting	Dr. Charushila Dhole
11:20 am - 11:35 am	Importance of early holistic management of T2D	Dr. Reema Kashiva
11:35 am - 11:50 am	Surpass 2: paving way to Hba1c and weight while being superior to GLP1RAs	Dr. Nikhil Nasikkar
11:50 am - 12:05 pm	Tirzepatide: Clinical Context Setting in PwD	Dr. Manoj Chawla
12:05 pm - 12:15 pm	Panel Discussion- Q and A	All Faculty



**12:15 pm
01:00 pm**

Diet Dilemmas

Chairpersons

**Dr. Guneet Chopra / Dt. Nidhi Joshi
Dt. Ankita Ghag**

Time	Topic	Speakers
12:15 pm - 12:30 pm	Chrono Nutrition in Metabolic medicine- Does it improve the outcomes	Dr. Neeta Deshpande
12:30 pm - 12:45 pm	Ultra-processed foods - Are they are the real villians of current metabolic epidemic?	Dr. Sheryl Salis
12:45 pm - 12:50 pm	Use of Nutraceuticals to manage Metabolic Dysfunction	Dr. Shilpa Joshi
12:50 pm - 1:00 pm	Discussion - Q and A	All Faculty

1:00 pm 2:00 pm - Lunch

**2:00 pm
2:30 pm**

Keynote Lecture 3

Chairpersons

**Dr. M E Yeolekar
Dr. Girish Rajadhyakshya**

Time	Topic	Speakers
2:00 pm - 2:30 pm	Attitude change in practice of metabolic medicine over Three generations	Dr. Anil Bhoraskar

**2:30 pm
3:45 pm**

IMPA KI ADALAT

**Judge
Dr. Vijay Paniker**

Topic	Speakers	Prosecutor
Aaropi 1 - Prevention Pandit (Multivitamins + Antioxidant)	Dr. Nikhil Nasikkar	Dr. Nitin Patankar
Aaropi 2 - Gadgets Gupta (Technology +Apps)	Dr. Suhas Erande	Dr. Neeta Deshpande
Aaropi 3 - Risk factor Rao (Risk factor biomarkers and scores)	Dr. Mangesh Tiwaskar	Dr. Rajesh Patil
	Jury:	Audience in the Hall

**3:45 pm
4:15 pm**

Keynote 4

**Chairperson
Dr. S. M. Bandukwala**

Time	Topic	Speakers
3:45 pm - 4:15 pm	Rational Simple Algorithmic Approach in Newly Diagnosed Type II DM	Dr. Vijay Paniker

4:15 pm - 4:25 pm - Tea Break



**4:25 pm
4:55 pm**

**Diabetes care -
Therapeutics and Technology**

**Chairpersons
Dr. Saurabh Kothari / Dr. Harish Panchal
Dr. Kavita Rane**

Time	Topic	Speakers
4:25 pm - 4:40 pm	Benefits of new generation CGMS : Impact in diabetes management	Dr. Vimal Pahuja
4:40 pm - 4:55 pm	Exploring role of Liraglutide in managing Adolescent Diabesity	Dr. Amit Shobhavat

**4:55 pm
5:25 pm**

Biosimilar Arena

**Chairpersons
Dr. Sneha Nikte / Dr. Akshaya Shetty
Dr. Alok Nachane**

Time	Topic	Speakers
4:55 pm - 5:10pm	Twins or Cousins - The Biosimilar Family	Dr. Deepak Langade
5:10 pm - 5:25 pm	Semaglutide - Brand Name and generic drugs: Pharma Industry Perspective	Dr. Muneesh Garg

**5:25 pm
6:00 pm**

Metabolic Pearls

**Chairpersons
Dr. Prasanna Shah / Dr. Neeta Deshpande**

Time	Topic	Speakers
5:25 pm - 5:40 pm	EndoBariatrics in the Era of GLP-1: Complement or Competitor?	Dr. Ketan Pakhale
5:40 pm - 5:55 pm	Adipokines in Health and Disease	Dr. Sanjay Godbole

5:55 pm - 6:10 pm - Vote of thanks and Valedictory

**10:00 am
11:00 am**

Planery Sessions

Chairpersons

**Dr. Santwana C / Dr. Kamal Saroj
Dr. Amit Bhondve**

Time	Topic	Speakers
10:00 am - 10:15 am	Obesity and Cancer	Dr. Vijay Negalur
10:15 am - 10:30 am	GLP1 fails - Why ? And Now what	Dr. Nitin Patankar
10:30 am - 10:45 am	Bermuda triangle of Metabolic - Heart Liver and Kidney axis	Dr. Manoj Chaddha
10:45 am - 11:00 am	ICU Care in PwO	Dr. Nitin Karnik

**11:00 am
12:00 pm**

Molecule Chronicle

Chairpersons

Dr. Ganpat Sawant / Dr. Archana Bhate

Time	Topic	Speakers
11:00 am - 11:15 am	Imeglemin A powerhouse approach to type 2 diabetes	Dr. P G Talwalkar
11:15 am - 11:30 am	Saroglitazaar- setting 3 targets in one shot	Dr. Johann Varghese
11:30 am - 11:45 am	Orlistat- Old Wine in New Bottle	Dr Ketan Pakhale
11:45 am - 12:00 pm	Q & A	



**12:00 pm
01:00 pm**

**GLP 1 & Cardiometabolic
Benefits symposium**

**Chairpersons
Dr Nitin Patankar / Dr Rajesh Patil**

Time	Topic	Speakers
12:00 pm - 12:15 pm	Semaglutide's Legacy: A Benchmark in Obesity Management against newer Agonist	Dr. Vijay Paniker
12:15 pm - 12:30 pm	Beyond the dual hype: Semaglutide leads the way in CKM story	Dr. Hemal Shah
12:30 pm - 12:45 pm	Weightloss and beyond: The Comprehensive benefits of treating MASH	Dr. Chetan Kalal
12:45 pm - 01:00 pm	Panel discussion - Q and A	All Faculty

1:00 pm 2:00 pm - Lunch

**2:00 pm
2:30 pm**

Keynote 3

Kreb's Hall

**2:30 pm
3:45 pm**

IMPA ki Adalat

Kreb's Hall

**3:45 pm
4:15 pm**

Keynote 4

Kreb's Hall

4:15 pm - 4:25 pm - Tea Break

**4:30 pm
5:00 pm**

**Vaccination in
Metabolic diseases**

**Chairpersons
Dr. Prachi Sankhe / Dr. Kalpesh Shah
Dr. Jenish Vira**

Time	Topic	Speakers
4:30 pm - 4:45 pm	Prevention of Shingles in Co-Morbid Conditions	Dr. Prashant Rajput
4:45 pm - 5:00 pm	PCV20:A New Armamentarium To Battle Against Pneumococcal Disease	Dr. Vimal Pahuja

5:00 pm - 6:00 pm - Kreb's Hall



Health Education Meeting - HEM

12:15 pm
1:30 pm

Science of Obesity

Chairperson
Dr. Vinayak Harale

Time	Topic	Speakers
12:15PM - 12:30PM	Obesity in India	Dr. Sajal Kamath
12:30 pm - 12:45 pm	Obesity is a chronic disease	Dr. Sonali Patange
12:45 pm - 1:00 pm	How does obesity compromise overall health	Dr. Alpana Sowani
1:00 pm - 1:15 pm	Bias and Stigma in Obesity	Dr. Manish Sachdev
1:15 pm - 1:30 pm	Discussion and Q & A	All

1:30 pm 2:00 pm - Lunch

2:00 pm
3:15 pm

Obesity in Motion

Chairperson
Dr. Ketan Pakhale

Time	Topic	Speakers
2:00 pm - 2:15 pm	Guidelines in Management of Obesity	Dr. Ami Sanghvi
2:15 pm - 2:30 pm	Diagnosing Obesity: Going beyond BMI	Dr. Sanjay Khare
2:30 pm - 2:45 pm	Treatment approaches for Obesity Management	Dr. Satish Pattan Shetty
2:45 pm - 3:00 pm	A Bariatric Surgeon's Perspective on Obesity Management	Dr. Abhay Agrawal
3:00 pm - 3:15 pm	Discussion and Q & A	All

Health Education Meeting - HEM

03:15 pm
04:00 pm

Clinical Practice Integration

Chairperson
Dr. S Bandukwala

Time	Topic	Speakers
03:15 pm - 03:30 pm	Setting up an Obesity Clinic	Dr. Nitin Patankar
03:30 pm - 03:45 pm	Obesity in Motion	Dr. Shashank Shah
03:45 pm - 04:00 pm	Discussion and Q & A	All

04:00PM
05:30PM

Clinical Quick fire

Chairperson
Dr. Sanjay Gandhi

Time	Topic	Speakers
04:00 pm - 04:15 pm	Obesity and T2D	Dr. Ajay Kadushkar
04:15 pm - 04:30 pm	Obesity and MASH	Dr. Dakshata Padhye
04:30 pm - 04:45 pm	Obesity and CVD	Dr. Ratna Parkhi
04:45 pm - 05:00 pm	Obesity and OSA	Dr. Lancelot Pinto
05:00 pm - 05:15 pm	Obesity and Women Health	Dr. Rohan Palshetkar
05:15 pm - 05:30 pm	Discussion and Q & A	All



Workshops

**7th March
2026**

**8:30 am
10:00 am**

**Workshop 1
Cori Hall**

Topic	Speaker	Moderator
Workshop on MASLD	Dr. Amit Mandot	Dr. Vimal Pahuja

Only

50

Registrations

For query call on this No.: Ms. Bhavika - +91 820 802 6040 , Ms. Kajal - +91 86981 65176

Workshops

**7th March
2026**

**8:30 am
10:00 am**

**Workshop 2
Kreb's Hall**

Topic	Speaker	Moderator
Workshop on Exercise Prescription	Dr. Greeshma Dr. Manisha Hinduja Dr. Mariya Jiandani Dr. Ankita Asher	Dr. Anup Krishnan

Only

50

Registrations

For query call on this No.: Ms. Bhavika - +91 820 802 6040 , Ms. Kajal - +91 86981 65176

Workshops

**7th March
2026**

**8:30 am
10:00 am**

**Workshop 3
Workshop Hall**

Topic	Speaker
Pranayama in Obesity - Theory and Demonstration	Dr. Nitin Patankar Dr. Sanjeev Gulati Dr. Sushma S

Only

50

Registrations

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Workshops

**8th March
2026**

**8:30 am
10:00 am**

**Workshop 1
Workshop Hall**

Topic	Speaker
Sleep Apnea - Hands on Workshop	Dr. Rahul Modi
Sleep Essentials for Metabolic	
Physicians: Mastering Physiology,	
PSG Interpretation, and	
Early OSA Management	

Only

50

Registrations

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Workshops

8th March 2026 | **8:30 am - 10:00 am** | **Workshop 2 Cori Hall**

InBody WORKSHOP on Body Composition

Topic	Speaker
What is BCA & BWA? Principles and Technology	Ms. Yoonjo Bae
BCA : The Essential factor in Clinical Practice	Dt. Sakshi Mhatre
The Inter-link between BCA and Metabolic Health	Dr. Ketan Pakhale
The Impact of New Therapeutics on Body Composition (GLP-1)	Dr. Manoj Chawla
The Correlation between BCA, GLP-1 and Nutrition	Dt. Shilpa Joshi

Only 50 Registrations

For query call on this No.: Ms. Bhavika - +91 820 802 6040 , Ms. Kajal - +91 86981 65176

Workshops

8th March
2026

11.45 am
1:15 pm

Workshop 3
Workshop Hall

Obesity Workshop : Observation , Evaluation & Dilemmas

Topic	Speaker
Obesity & Diabetes with Insulin	Dr. Girish Parmar
Obesity & PCOS	Dr. Anita Soni
Obesity & MAFLD	Dr. Vaibhav Somani
Obesity & HTN	Dr. Ketan Pakhale
Summary & Expert Comment	Dr. Girish Parmar

Only

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Registrations

For query call on this No.: Ms. Bhavika - +91 820 802 6040 , Ms. Kajal - +91 86981 65176

Registration Fees

CATEGORY	UP TO 7 th Feb, 2026	SPOT
Indian Delegates	3999/-	4999/-
PG Students (India)	1499/-	2499/-
Allied HCPs ** (India)	3999/-	4999/-

Workshop & 3rd IMPA Conclave
Registration Payment



Explore the conference website
click here

<http://impaconclave.com/>



Attire of The Days

7th March
Comfortable Formals

8th Mar
Hues of Blue & Pink

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